



No. 8935 - 85/EB-III/T-7/G.R/2024

GOVERNMENT OF SINDH
POLICE DEPARTMENT

Karachi

dated: 21-05-2024

To,

1. All Addl. IsGP in Sindh.
2. All DIsGP in Sindh
3. All SSsP in Sindh.
4. All AlsGP in Sindh.
5. All SsP in Sindh.

SUBJECT DIRECTIVES & CHEK LIST FOR PHYSICAL TEST (MEASUREMENT/ENDURANCE TEST) FOR THE POST OF POLICE CONSTABLE (SPD-01/2024).

I am directed to convey that the Physical Test process (**measurement/endurance test**) for the post of Police Constable in various Ranges/Districts has been scheduled to be held simultaneously from **21.06.2024 to 10.07.2024** at the centers mentioned below:

S#	District	No. of Candidates	Head of Zonal / Range Committee	Schedule of Physical Test	Venue
1	East Zone (Karachi Range)	22628	DIGP/CIA Karachi	21.06.2024 to 01.07.2024 (11 days)	SBB EPTC Razzakabad Karachi
2	South Zone (Karachi Range)	11693	DIGP/Traffic Karachi	21.06.2024 to 26.06.2024 (06 days)	SHPTC Saeedabad, Karachi
3	West Zone (Karachi Range)	19624	DIGP/CTD Sindh Karachi	27.06.2024 to 06.07.2024 (10 days)	SHPTC Saeedabad, Karachi
4	Hyderabad Range	39115	DIGP/Sukkur Range	21.06.2024 to 10.07.2024 (20 days)	SAAB RTC Hyderabad
5	SBA Range	22291	DIGP/Mirpurkhas Range	21.06.2024 to 01.07.2024 (11 days)	SCTC Sakrand
6	Mirpurkhas Range	12568	DIGP/Larkana Range	21.06.2024 to 26.06.2024 (06 days)	PTC Shahdadpur
7	Sukkur Range	26568	DIGP/SBA Range	21.06.2024 to 03.07.2024 (13 days)	RTC Khairpur
8	Larkana Range	31154	DIGP/Hyderabad Range	21.06.2024 to 06.07.2024 (16 days)	PTS Larkana
	Grand	185641	-	21.06.2024 to 10.07.2024 (20 days)	-

02. Therefore, the following instructions may be followed strictly:-

1. **Candidate Lists:** STS shall share lists of candidates with the Chairmen of the respective Recruitment Committees for the Physical Test process (measurement/endurance test) via email on the addresses provided to the STS.
2. **Conduct of Tests:** Recruitment Committees shall conduct the Physical Test (measurement/endurance test) of candidates strictly as per the revised Sindh Police Recruitment Policy. (**copy enclosed**).

*1. Web / 1/2 Achi
to make arrangements
to conduct in the
above offices
to be uploaded
as per directions
at para 15/m.
in letter 19/11/24.
22/5.*

3. **Timings:** The Physical test should preferably be conducted between 06 A.M to 10 A.M in the morning and 05 P.M to 7 P.M in evening.
4. **Representation:** Chairmen of the Recruitment Committees shall ensure the representation of Pakistan Army (HQ 5 Corps, Karachi) & CPLC Karachi during the Physical Test process. Representatives of the Sindh Police Recruitment Board shall ensure their participation and report immediately to the respective Chairman of the Recruitment Committee.
5. **Admit Cards:** Admit cards/roll number slips shall be issued to the candidates by STS.
6. **Monitoring:** Nominated representatives of SIBA Testing Services shall be members of the Recruitment Committee, monitoring the process of physical tests for transparency as per the requirements/standards of the Sindh Police.
7. **Biometric Verification:** Officials of STS will conduct random Bio-Verisys of candidates during the physical tests at all centers for up to 10% of the candidates.
8. **Daily Test Capacity:** Physical tests of approximately 2,000 candidates per day shall be conducted by the Recruitment Committee as per the given schedule.
9. **Supervision:** Head of Zonal / Range Committee shall be responsible for the overall supervision of the process, ensuring that it is conducted transparently, in a safe and secure environment, adhering to the prescribed physical standards and criteria as per the revised Recruitment Policy-2022.

PHYSICAL STANDARD

Male:

Height: 5 Feet & 5 inches (minimum)

Chest: Minimum 33 inches with expansion of 1.5 inch

Female:

Height: 5 Feet (minimum) with sound health.

PHYSICAL ENDURANCE TEST

Male:

1600 meters running in 08 minutes

Female:

800 meters walk in 14 minutes

Security and Logistics

10. **Venue Security:** The District SSsP concerned of venues shall be responsible for the security of the outer cordon/outside premises of the venue.
11. **Internal Security:** Principals of the training centers (venues) shall be responsible for security within the premises, deploying relevant staff (drill instructors/other staff) for the smooth conduct of the Physical Test (Measurement/endurance Test).
12. **Impersonation Prevention:** Head of Zonal / Range Committee shall prevent impersonation and ensure no illegal/unauthorized means are used during the process.
13. **Videography:** Head of Zonal / Range Committee shall ensure videography of the entire process through professional cameras daily. Four High Definition Resolution (HDR) video cams should be arranged at every venue: (Two for start & finish points and two for recording physical measurement).


14. **Arrangements:** Head of Zonal / Range Committee shall ensure the following arrangements at the venues for the smooth conduct of the Physical Test process:

- a. **Tents:** Adequate tents to provide shelter for 2000 candidates and staff.
- b. **2000 Chairs:** Sufficient seating arrangements for candidates and accompanying staff.
- c. **Water Arrangement:** Ensure availability of drinking water and washing facilities.
- d. **Covered Washrooms:** Clean and hygienic toilet facilities.
- e. **Medical Staff:** Medical personnel available on venue for first aid and emergencies.
- f. **Ambulance:** At least one ambulance stationed at each venue.
- g. **Public Address (Sound) System:** Ensure a working public address system for announcements.
- h. **Refreshments:** Refreshments for staff detailed for the recruitment.
- i. **Signage:** Clear signboards and directions to guide candidates to different sections of the venue.
- j. **Emergency Exits:** Clearly marked emergency exits and evacuation plans in case of emergencies.
- k. **Queue Management:** Barriers or ropes to manage queues and avoid overcrowding.
- l. **Identification Badges:** Identification badges for all officials and staff involved in the process.
- m. **Grievance / Redressal Desk:** A desk to address any grievances of candidates not satisfied with physical measurement / tests.
- n. **Search light:** in case the process extends after sunset.

15. **Result Announcement Upload:** Head of Zonal / Range Committee shall ensure the uploading of Physical Test process results on the Sindh Police website on daily basis. Project Director I.T (CPO) is the focal person for the purpose. The result should also be pasted locally on the Notice Board of the venue on daily basis.

16. **Submission of Results:** After completion of the Physical Test process, the Chairmen of the respective Recruitment Committees shall submit the final results of the Physical Tests process (District-wise), duly scrutinized, compiled, and signed by the Chairman/all members of the Recruitment Committees to SIBA Testing Services **within 24 hours**, and a copy thereof to CPO. No delay in finalizing the physical tests is allowed.

03. It is, therefore, requested that the aforementioned instructions be adhered to in letter and spirit.


(ANIL HAIDER) PSP
AIGP/ESTABLISHMENT-II
FOR INSPECTOR GENERAL OF POLICE /
SECRETARY TO GOVERNMENT OF SINDH
POLICE DEPARTMENT, KARACHI.

Copy forwarded to the following for information & necessary action:-

1. The Chief CPLC, Karachi.
2. The Project Director (I.T) CPO Sindh, Karachi.
3. Internal Security (IS) Branch, HQ 5 Corps, Karachi.
4. The Company Secretary SIBA Testing Services.
5. The PS to IGP Sindh and Addl. IGP Establishment Sindh, Karachi.
6. The PS to DIGP/Establishment Sindh, Karachi.